



#### MDS

F635 Admission Physician Orders for Immediate Care F636 Comprehensive Assessment F637 Comprehensive Assmt after Significant F638 Quarterly Assessment at least every 3 months F639 Maintain 15 months of Residents Assessments F640 Encoding/Transmitting Resident Assessment F641 Accuracy of Assessments F642 Coordination/Certification of Assessment F644 Coordination of PASARR and Assessment F645 PASARR Screening for MD&ID F646 MD/ID Significant Change Notification



#### Care Plan

F655 Baseline Care Plan F656 Development/Implementation Comprehensive Care F657 Care Plan Timing and Revision F658 Services Provided Meet Professional Standards F659 Qualified Persons F660 Discharge Planning Process F661 Discharge Summary



### **3 MDS/CARE PLAN SURVEY TAG CHANGES NEW**

#### 1.658 Services Provided Meet Professional Standards

NOTE: CMS is aware of situations where practitioners have potentially misdiagnosed residents with a condition for which antipsychotics are an approved use (e.g., new diagnosis of schizophrenia) which would then exclude the resident from the long-stay antipsychotic quality measure. For these situations, determine if non-compliance exists related to the practitioner not adhering to professional standards of quality for assessing and diagnosing a resident. This practice may also require referrals by the facility and/or the survey team to State Medical Boards or Boards of Nursing.

#### 2. F641 Accuracy of Assessments

Note: CMS is aware of situations where practitioners have potentially misdiagnosed residents with a condition for which antipsychotics are an approved use (e.g., new diagnosis of schizophrenia) which would then exclude the resident from the long-stay antipsychotic quality measure. For these situations, determine if non-compliance exists for the facility's completion of an accurate assessment. This practice may also require referrals by the facility and/or the survey team to State Medical Boards or Boards of Nursing





#### 3. F656 Development/Implementation Comprehensive Care Plan §483.21(b)(3) Be culturally-competent and trauma-informed

"Culture" is the conceptual system that structures the way people view the world—it is the particular set of beliefs, norms, and values that influence ideas about the nature of relationships, the way people live their lives, and the way people organize their world.

"Cultural Competency" is a developmental process in which individuals or institutions achieve increasing levels of awareness, knowledge, and skills along a cultural competence continuum. Cultural competence involves valuing diversity, conducting self-assessments, avoiding stereotypes, managing the dynamics of difference, acquiring and institutionalizing cultural knowledge, and adapting to diversity and cultural contexts in communities.

"Trauma-informed care" is an approach to delivering care that involves understanding, recognizing and responding to the effects of all types of trauma. A trauma-informed approach to care delivery recognizes the widespread impact, and signs and symptoms of trauma in residents, and incorporates knowledge about trauma into care plans, policies, procedures and practices to avoid re-traumatization. Adapted from: SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, https://store.samhsa.gov/system/files/sma14-4884.pdf





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#### F656 DEVELOPMENT/IMPLEMENTATION COMPREHENSIVE CARE PLAN CONTINUED

Culturally Competent Care Cultural competency, (also known as cultural responsiveness, cultural awareness, and cultural sensitivity) refers to a person's ability to interact effectively with persons of cultures different from his/her own. it means being respectful and responsive to the health beliefs, practices and cultural and linguistic needs of diverse population groups, such as racial, ethnic, religious or social groups (https://www.samhsa.gov/capt/applying-strategic-prevention/culturalcompetence).

The interventions in the resident's care plan must reflect the individual resident's needs and preferences and align with the resident's cultural identity. Trauma-Informed Care Given the widespread nature and highly individualized experience of trauma, the utilization of trauma-informed approaches is an essential part of person-centered care.

Facilities must recognize the effects of past trauma on residents and collaborate with the resident, family and friends of the resident to identify and implement individualized interventions. Interventions for trauma survivors should recognize the interrelation between trauma and symptoms of trauma such as substance abuse, eating disorders, aggression, depression, anxiety, and withdrawal or isolation from others. Surveyors should refer to the following when investigating concerns related to culturally competent, trauma-informed care:





#### **F656 DEVELOPMENT/IMPLEMENTATION COMPREHENSIVE CARE PLAN CONTINUED**

#### **Probes**

Does the care plan describe interventions that reflect the resident's cultural preferences, values and practices? • For residents with a history of trauma, does the care plan describe corresponding interventions for care that are in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause re-traumatization of the resident? (See §483.25(m))

#### Additional tags

Resident Rights, Cultural competence and trauma-informed care & Treatment/Services for mental/psychosocial concerns.

#### Example of IJ

The facility failed to identify a resident's cultural dietary restrictions related to eating pork. After eating her dinner, upon realization that she had eaten pork, the resident began crying inconsolably and screaming that this was explicitly forbidden in her culture and faith of Islam. The resident remained tearful and inconsolable for several days, and would not eat the food provided by the facility, which resulted in weight loss and serious psychosocial harm.



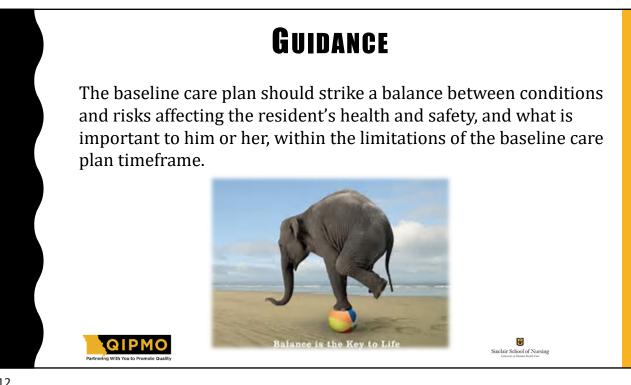














The facility must provide the resident and their representative with a summary of the baseline care plan that includes but is not limited to:

- (i) The initial goals of the resident.
- (ii) A summary of the resident's (current) medications and dietary instructions.
- (iii) Any services and treatments to be administered by the facility and personnel acting on behalf of the facility.
- (iv) Any updated information based on the details of the comprehensive care plan, as necessary.

The summary must be in a language and conveyed in a manner the resident and/or representative can understand.

The format and location of the summary is at the facility's discretion, however, the medical record must contain evidence that the summary was given to the resident and resident representative, if applicable. The facility may choose to provide a copy of the baseline care plan itself as the summary, as long as it meets all of the requirements of the summary.





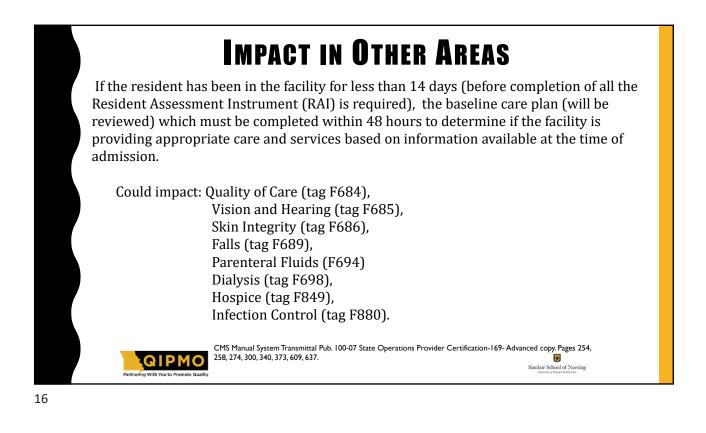
In the event that the comprehensive assessment and comprehensive care plan identified a change in the resident's goals, or physical, mental, or psychosocial functioning, which was otherwise not identified in the baseline care plan, those changes must be incorporated into an updated summary provided to the resident and his or her representative, if applicable.



Once the comprehensive care plan has been developed and implemented, and a summary of the updates given to the resident, the facility is no longer required to revise/update the written summary of the baseline care plan. Rather, each resident will remain actively engaged in his or her care planning process through the resident's rights to participate in the development of, and be informed in advance of changes to the care plan; see the care plan; and sign the care plan after significant changes.







# F656

## **DEVELOP/IMPLEMENT COMPREHENSIVE CARE PLAN**

The facility must develop and implement a comprehensive person-centered care plan for each resident, consistent with the resident rights (per regulations) that includes measurable objectives and timeframes to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment.



### COMPREHENSIVE CARE PLAN MUST DESCRIBE-

- 1) The services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as required under (Quality of life & care & behavioral health).
- 2) Any services that would otherwise be required under (Quality of life & care & behavioral health) but are not provided due to the resident's exercise of rights under (Resident rights), including the right to refuse treatment.
- 3) Any specialized services or specialized rehabilitative services the nursing facility will provide as a result of PASARR recommendations. If a facility disagrees with the findings of the PASARR, it must indicate its rationale in the resident's medical record.
- 4) In consultation with the resident and the resident's representative(s)
  - a) The resident's goals for admission and desired outcomes.
  - b) The resident's preference and potential for future discharge. Facilities must document whether the resident's desire to return to the community was assessed and any referrals to local contact agencies and/or other appropriate entities, for this purpose.
  - c) Discharge plans in the comprehensive care plan, as appropriate, in accordance with the requirements set forth in paragraph (c) of this section.





### INTENT

Each resident will have a person-centered comprehensive care plan developed and implemented to meet his other preferences and goals, and address the resident's medical, physical, mental and psychosocial needs.

#### DEFINITION

"Resident's Goal": The resident's desired outcomes and preferences for admission, which guide decision-making during care planning.

"Interventions": Actions, treatments, procedures, or activities designed to meet an objective.

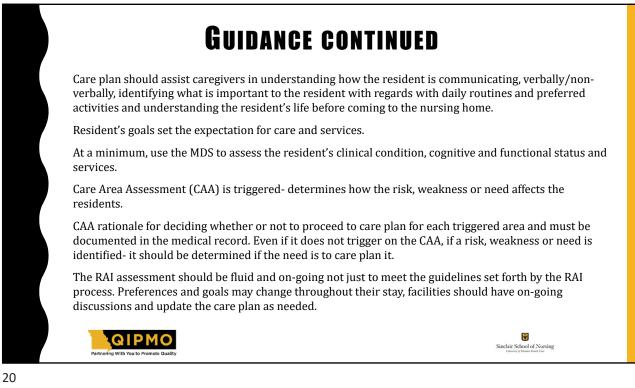
"Measurable": The ability to be evaluated or quantified.

"Objective": A statement describing the results to be achieved to meet the resident's goals.

"Person-centered care": means to focus on the resident as the locus of control and support the resident in making their own choices and having control over their daily lives.

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#### **GUIDANCE CONTINUED**

In situations where a resident's choice to decline care or treatment (e.g., due to preferences, maintain autonomy, etc.) poses a risk to the resident's health or safety, the comprehensive care plan must identify the care or service being declined, the risk the declination poses to the resident, and efforts by the interdisciplinary team to educate the resident and the representative, as appropriate. The facility's attempts to find alternative means to address the identified risk/need should be documented in the care plan.



# **GUIDANCE CONTINUED**

The comprehensive care plan must coordinate with and address any specialized services or specialized rehabilitation services the facility will provide or arrange as a result of PASARR recommendations.

If the IDT disagrees with the findings of the PASARR, it must indicate its rationale in the resident's medical record. The rationale should include an explanation of why the resident's current assessed needs are inconsistent with the PASARR recommendations and how the resident would benefit from alternative interventions.

The facility should also document the resident's preference for a different approach to achieve goals or refusal of recommended services.





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The comprehensive care plan must address a resident's preference for future discharge, as early as upon admission, to ensure that each resident is given every opportunity to attain his/her highest quality of life. This encourages facilities to operate in a personcentered fashion that addresses resident choice and preferences.



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### F657 Care Plan Timing and Revision

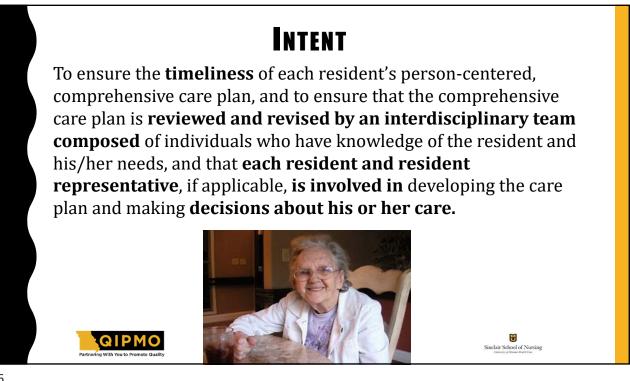
A comprehensive care plan must be-

- 1) Developed within 7 days after completion of the comprehensive assessment.
- 2) Prepared by an interdisciplinary team, that includes but is not limited to-
  - a) The attending physician.
  - b) A registered nurse with responsibility for the resident.
  - c) A nurse aide with responsibility for the resident.
  - d) A member of food and nutrition services staff.
  - e) To the extent practicable, the participation of the resident and the resident's representative(s). An explanation must be included in a resident's medical record if the participation of the resident and their resident representative is determined not practicable for the development of the resident's care plan.
  - f) Other appropriate staff or professionals in disciplines as determined by the resident's needs or as requested by the resident.

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**3)** Reviewed and revised by the interdisciplinary team after each assessment, including both the comprehensive and quarterly review assessments.



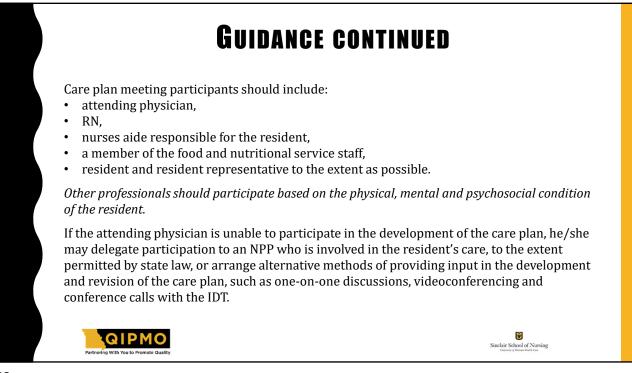


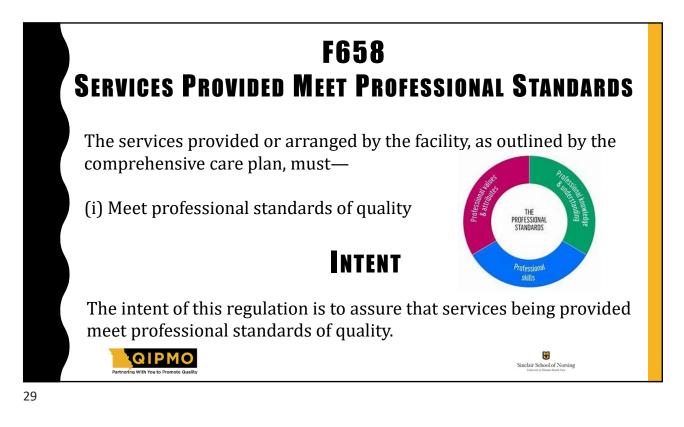
### GUIDANCE

- **Complete** comprehensive care plan **by day 21**.
- The IDT can meet its responsibility in development of the interdisciplinary care plan by face-to-face meetings, teleconference, written communication etc... it is at the discretion of the facility.
- In instances where an IDT member participates in care plan development, review or revision via written communication, the written communication in the medical record must reflect involvement of the resident and resident representative, if applicable, and other members of the IDT, as appropriate.
- Provide advanced notice of the care plan meeting. Resident and resident representative participation in care planning can be accomplished in many forms such as holding care planning conferences at a time the resident representative is available to participate, holding conference calls or video conferencing. *If they cannot attend or do not respond, make sure you document how you tried to reach them.*

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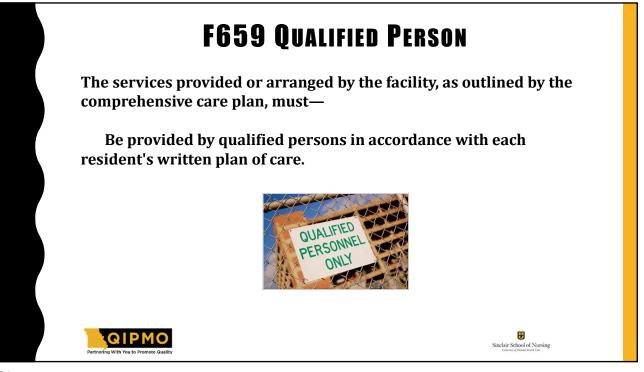


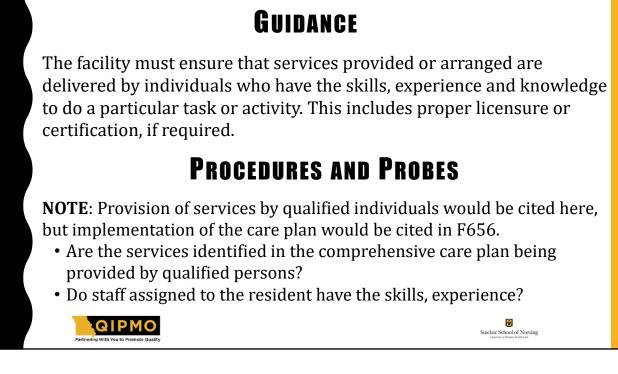
"Professional standards of quality" means that **care and services are provided according to accepted standards of clinical practice.** Standards may apply to care provided by a particular clinical discipline or in a specific clinical situation or setting. Standards regarding quality care practices may be published by a professional organization, licensing board, accreditation body or other regulatory agency. Recommended practices to achieve desired resident outcomes may also be found in clinical literature.

There is no requirement for the surveyor to cite a reference or source (e.g., current textbooks, professional organizations or clinical practice guidelines) for the standard of practice. However, in cases where the facility provides a reference supporting a particular standard of practice for which the surveyor has concerns, the surveyor must provide evidence that the standard of practice the facility is using is not up-to-date, widely accepted, or supported by recent clinical literature.







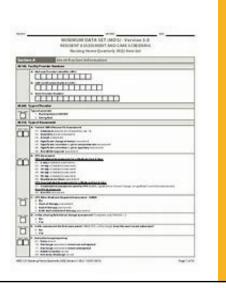


#### F636 Comprehensive Assessment and Timing

The facility must conduct initially and periodically a comprehensive, accurate, standardized reproducible assessment of each resident's functional capacity.

Completed through the MDS, conversation, observation, and documentation.





#### **COMPREHENSIVE ASSESSMENT**

A facility must conduct a comprehensive assessment of a resident in accordance with the timeframes, **within 14 calendar days after admission**, excluding readmissions in which there is no significant change in the resident's physical or mental condition.

(For purposes of this section, "readmission" means a return to the facility following a temporary absence for hospitalization or therapeutic leave.)

AND not less than once every 12 months.



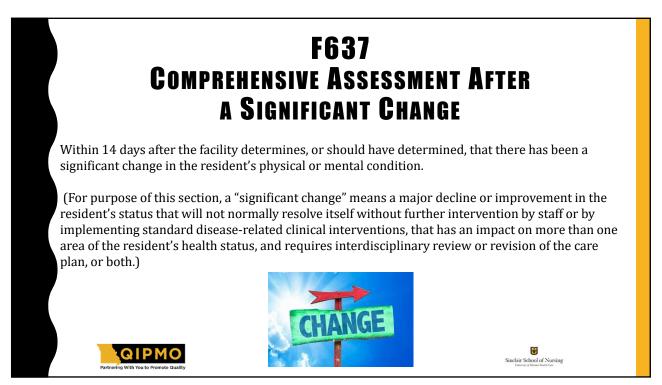


#### INTENT

To ensure that the Resident Assessment Instrument (RAI) is used, in accordance with specified format and timeframes, in conducting comprehensive assessments as part of an on-going process through which the facility **identifies each resident's preferences and goals of care, functional and health status, strengths and needs, as well as offering guidance for further assessment once problems have been identified**.



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### **DEFINITIONS OF SIGNIFICANT CHANGE**

**"Significant Change"** is a major decline or improvement in a resident's status that 1) will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions; the decline is not considered "self-limiting"

A Significant Change in Status MDS is required when:

- A resident enrolls in a hospice program; or
- A resident changes hospice providers and remains in the facility; or
- A resident receiving hospice services discontinues those services; or
- A resident experiences a consistent pattern of changes, with either **two or more** areas of decline or **two or more** areas of improvement, from baseline (as indicated by comparison of the resident's current status to the most recent CMS-required MDS).





**SIGNIFICANT CHANGE DECLINE EXAMPLES** 

- Resident's decision-making ability has changed;
- Presence of a resident mood item not previously reported by the resident or staff and/or an increase in the symptom frequency, e.g., increase in the number of areas where behavioral symptoms are coded as being present and/or the frequency of a symptom increases for items in Section E Behavior;
- Changes in frequency or severity of behavioral symptoms of dementia that indicate progression of the disease process since last assessment;
- Any decline in an ADL physical functioning area (at least 1) where a resident is newly coded as Extensive assistance, Total dependence, or Activity did not occur since last assessment and does not reflect normal fluctuations in that individual's functioning;
- Resident's incontinence pattern changes or there was placement of an indwelling catheter;
- Emergence of unplanned weight loss problem (5% change in 30 days or 10% change in 180 days).
- Emergence of a new pressure ulcer at Stage 2 or higher, a new unstageable pressure ulcer/injury, a new deep tissue injury or worsening in pressure ulcer status;
- Resident begins to use a restraint of any type, when it was not used before;
- Emergence of a condition/disease in which a resident is judged to be unstable.





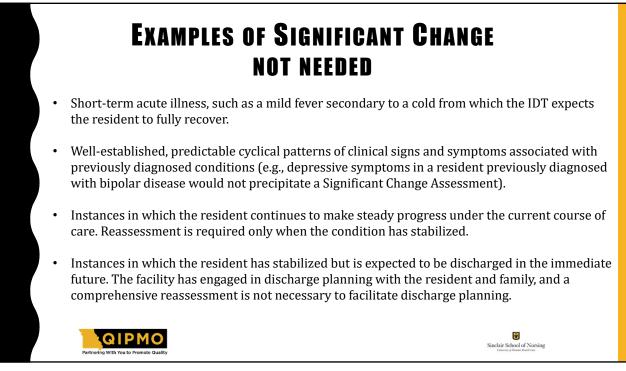


- Any improvement in ADL physical functioning area (at least 1) where a resident is newly coded as Independent, Supervision, or Limited assistance since last assessment and does not reflect normal fluctuations in that individual's functioning;
- Decrease in the number of areas where behavioral symptoms are coded as being present and/or the frequency of a symptom decreases;

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- · Resident's decision-making ability improves;
- · Resident's incontinence pattern improves;



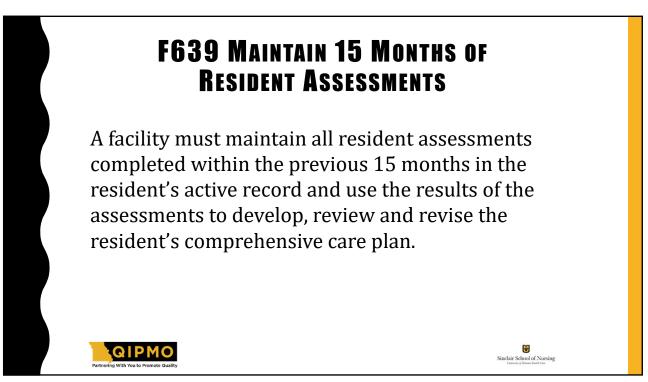


#### F638 QUARTERLY ASSESSMENT AT LEAST EVERY 3 MONTHS

A facility must assess a resident using the quarterly review instrument specified by the State and approved by CMS not less frequently than once every 3 months via on OBRA review at least every 92 days to ensure critical indicators of gradual change in a resident's status are monitored. As such, not all Minimum Data Set (MDS) items appear on the Quarterly assessment.

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#### GUIDANCE

- Can be electronic or paper.
- If paper, ensure that hard copies of the MDS assessment signature pages are maintained for every MDS assessment conducted in the resident's active clinical record for 15 months. (This includes enough information to identify the resident and type and date of assessment linked with the particular assessment's signature pages),
- Kept in a centralized location and must be readily and easily accessible. This information must be available to all professional staff members (including consultants) who need to review the information in order to provide care to the resident. (This information must also be made readily and easily accessible for review by the State Survey agency and CMS.) Resident-specific information must also be available to the individual resident also.



#### **F641** Accuracy of Assessments

"Accuracy of Assessment" means that the appropriate, qualified health professionals correctly document the resident's medical, functional, and psychosocial problems and identify resident strengths to maintain or improve medical status, functional abilities, and psychosocial status using the appropriate Resident Assessment Instrument (RAI) (i.e. comprehensive, quarterly, significant change in status).

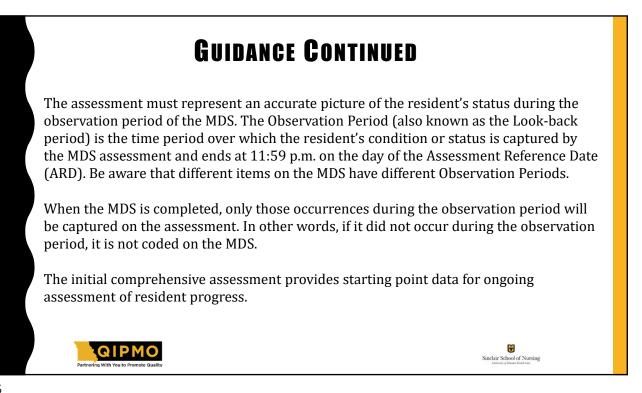
Facilities are responsible for ensuring that all participants in the assessment process have the requisite knowledge to complete an accurate assessment.

The determination of appropriate participation of health professionals must be based on the physical, mental and psychosocial condition of each resident. This includes an appropriate level of involvement of physicians, nurses, rehabilitation therapists, activities professionals, medical social workers, dietitians, and other professionals, such as developmental disabilities specialists, in assessing the resident, and in correcting resident assessments. Involvement of other disciplines is dependent upon resident status and needs.





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- A registered nurse must conduct or coordinate each assessment with the appropriate participation of health professionals.
- Certification: A registered nurse must sign and certify that the assessment is completed.
- Each individual who completes a portion of the assessment must sign and certify the accuracy of that portion of the assessment.
- Penalty for Falsification. Under Medicare and Medicaid, an individual who willfully and knowingly
  - i. Certifies a material and false statement in a resident assessment is subject to a civil money penalty of not more than \$1,000 for each assessment; or
  - ii. Causes another individual to certify a material and false statement in a resident assessment is subject to a civil money penalty or not more than \$5,000 for each assessment. Clinical disagreement does not constitute a material and false statement.





### **ELECTRONIC SIGNATURES**

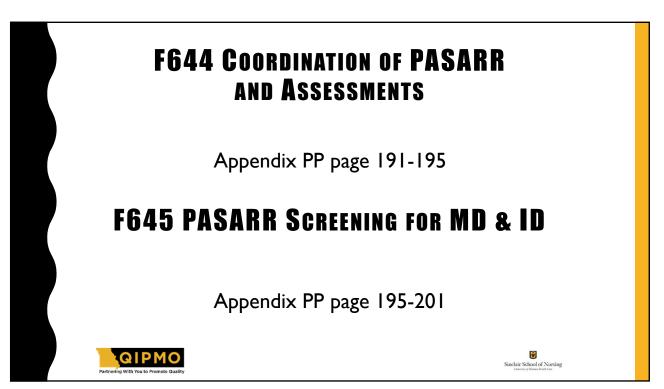
FYI, if you're using electronic signatures... the facility must have written policies in place to ensure proper security measures are in place to protect use of an electronic signature by anyone other than the person to which the electronic signature belongs. The policy must also ensure access to a hard copy of clinical records is made available to surveyors and others who are authorized access to clinical records by law, including the resident and/or resident representative.

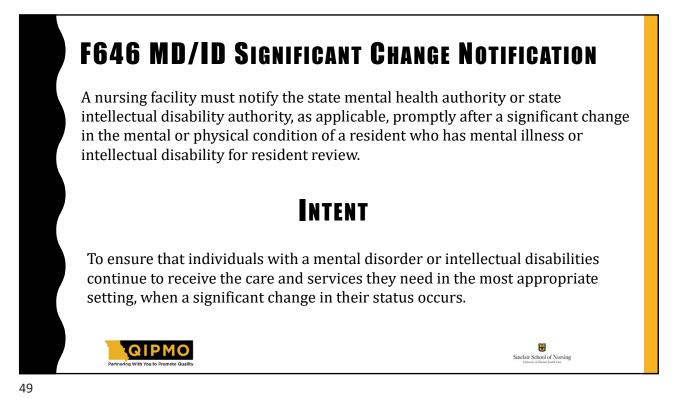
Facilities that are not capable of maintaining the MDS signatures electronically must adhere to the current federal requirements at §483.20(d) addressing the need for either a hand-written copy or a computer-generated form.

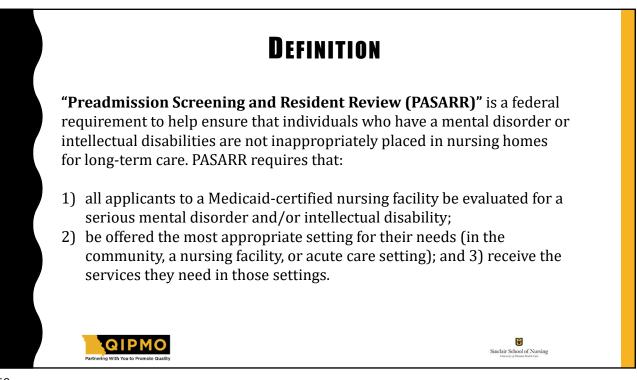


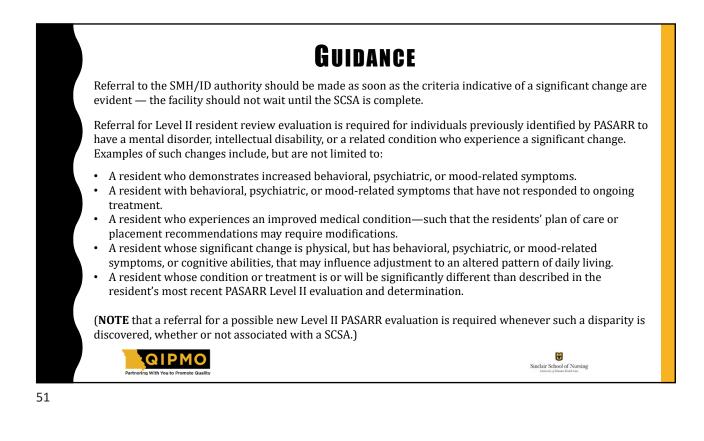
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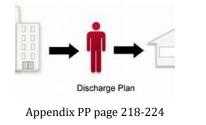






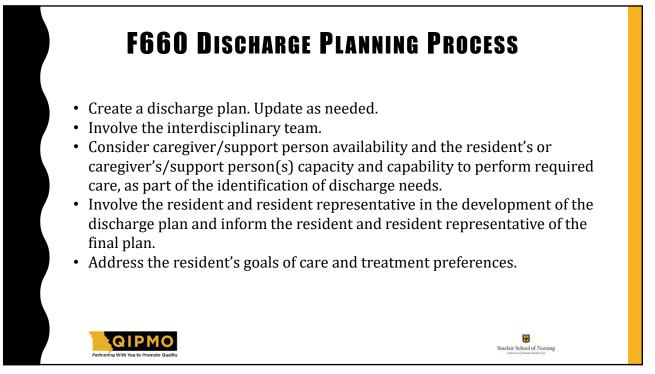
#### **Discharge Planning Process**

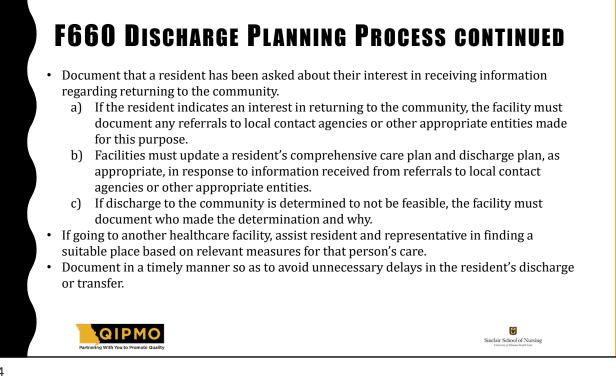
The facility must develop and implement an effective discharge planning process that focuses on the **resident's discharge goals**, the preparation of residents to **be active partners** and **effectively transition them to post-discharge care**, and the reduction of factors leading to preventable readmissions.



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### **F660 DISCHARGE PLANNING PROCESS CONTINUED**

If a resident wishes to be discharged to a setting that does not appear to meet his or her post-discharge needs, or appears unsafe, the facility must treat this situation similarly to refusal of care, and must:

- Discuss with the resident, (and/or his or her representative, if applicable) and document the implications and/or risks of being discharged to a location that is not equipped to meet his/her needs and attempt to ascertain why the resident is choosing that location;
- Document that other, more suitable, options of locations that are equipped to meet the needs of the resident were presented and discussed;
- Document that despite being offered other options that could meet the resident's needs, the resident refused those other more appropriate settings;
- Determine if a referral to Adult Protective Services or other state entity charged with investigating abuse and neglect is necessary. The referral should be made at the time of discharge.

Use the Discharge Critical Element Pathway as well as Appendix PP





#### Must include:

- 1. Summary of resident's stay, including diagnosis, treatment, therapy, lab/diagnostic, consultations.
- 2. Residents status, including All special instructions or precautions for ongoing care, as appropriate.
- 3. Medication reconciliation.
- 4. Discharge plan stating where resident will resident, any arrangements that have been made for the resident's follow up care and any post-discharge medical and non-medical services.
- 5. Contact information of the practitioner (at the transferring nursing home) responsible for the care of the resident;
- 6. Resident representative information, if applicable, including contact information;
- 7. Advance directive information;
- 8. Comprehensive care plan goals; and





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### **F661 DISCHARGE SUMMARY**

#### Timing of the Discharge Summary

The discharge summary contains necessary medical information that the facility must furnish <u>at the time the resident leaves the facility</u>, to the receiving provider assuming responsibility for the resident's care after discharge. The discharge summary **may be furnished in either hard copy or electronic format**, if the provider assuming responsibility for the resident's care has the capacity to receive and use the discharge summary in electronic format. Delays in preparing and forwarding the discharge summary hinder the coordination required to provide optimal care to the resident. The medical record must contain the discharge summary information and identify the recipient of the summary.

**NOTE:** In situations where there is no continuing care provider (e.g., resident has no primary care physician in the community), the facility is expected to document in the medical record efforts to assist the resident in locating a continuing care provider.





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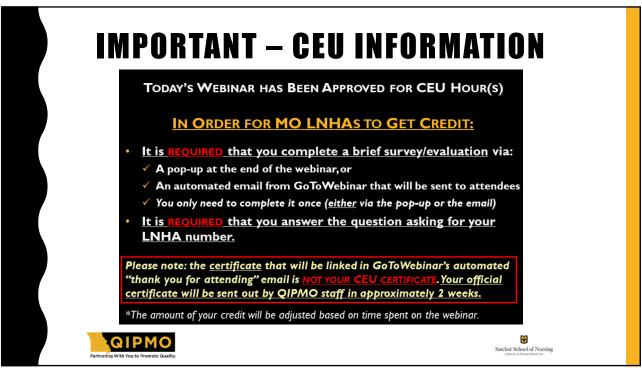
### **F661 Discharge Summary**

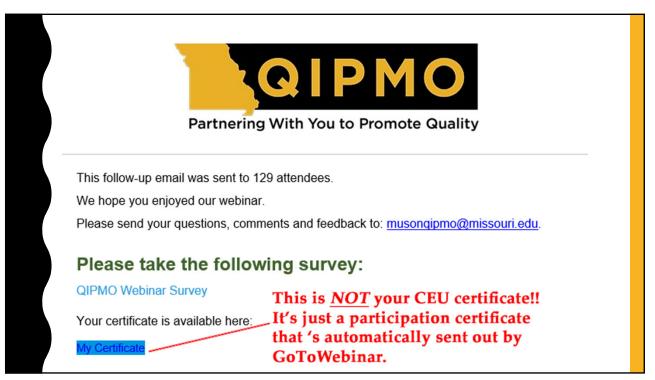
#### Instructions to residents discharged to home

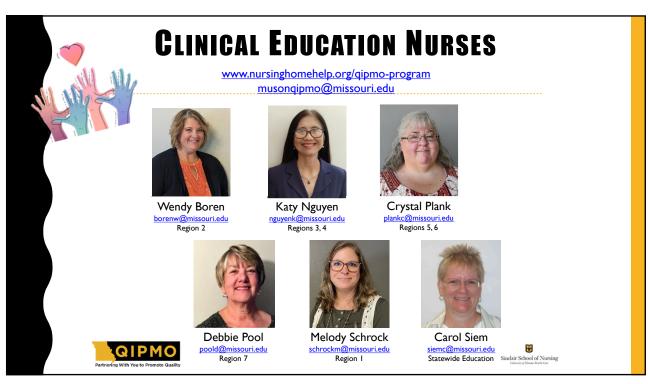
For residents discharged to their home, the medical record should contain documentation that written discharge instructions were given to the resident and if applicable, the resident representative. These instructions must be discussed with the resident and resident representative and conveyed in a language and manner they will understand.













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