Missouri is nationally known throughout The Pioneer Network as a founder in implementing person-directed care and we’re only moving forward! In 2011, the Missouri Department of Health and Senior Services created the position of Culture Change Coordinator, currently held by Sam Plaster.

Organizations such as the Missouri Coalition for Care Continuum Change (MC5), National Nursing Home Quality Improvement (NNHQI) Campaign (previously Advancing Excellence), Primaris, QIPMO, and many other passionate and dedicated people are committed to creating change in a positive way for our residents. New homes are being built every day with person-directed care at their core, including Missouri’s first ever Eden Alternative Green Houses.

Bringing person-directed care into all aspects of our healthcare system is not only essential to the dignity and respect of those we care for, it is key to transitioning from hospital to nursing home, home to assisted living or residential care, and helping residents experience quality care in the home health, adult day care, long-term acute care rehabs, and hospice settings.

Below you will find a series of websites that can guide you in everything from natural wakening, person-directed dining, individualizing medication passes, care planning, physical anesthetic set-up for your home, dementia-specific person-directed tools, and million other ideas for person-directed care. The resources below can help you avoid that F241 Dignity tag too!

1. National Nursing Home Quality Improvement (NNHQI) Campaign (prev Advancing Excellence)
   https://qioprogram.org/national-nursing-home-quality-improvement-nnhqi-campaign

   Our mission is to make nursing homes better places to live, work, and visit. The NNHQI Campaign is a major initiative. The Collaborative assists all stakeholders of long term care. The Campaign helps nursing homes improve the quality of care and quality of life for the more than 1.5 million residents of America’s nursing homes by providing free tools and resources to support evidence-based quality improvement programs, establishing and supporting an infrastructure of Local Area Networks for Excellence (LANEs), strengthening the workforce, and improving clinical and organizational outcomes.

2. Artifacts of Culture Change
   www.artifactsofculturechange.org/ACCTool

   Want to see how you’re doing with person-directed care? The Artifacts of Culture Change is a great tool that brings all the players to the table for an objective, nondiscriminatory evaluation of how your organization is really doing when it comes to providing person-directed care. QIPMO coaches and our own state culture change coordinator can work with you in your home for your first evaluation. Tools are provided for you to continue to track
your progress as your culture change journey continues. Stay tuned in 2020 for a NEW artifacts tool coming out!!

3. Action Pact

www.actionpact.com

Action Pact is a unique culture change company. Recognized for developing and promoting the Household Model, Action Pact provides full services that enable residential senior environments including institutional nursing homes and assisted living communities to transform into warm and pleasant households. Action Pact’s expertise and scope of service include: pre-feasibility analysis (integrated financial, design and programming); full design and development; and consultation and training to transform the organization’s culture, structure, and household operations. The result: Aging and frail seniors enjoy all that home offers, direct their own lives, experience daily pleasures and continue to live with meaning and purpose.

4. Changing Aging

http://changingaging.org/

Challenging the concept of aging and elderhood is the foundation for co-founders Dr. Bill Thomas and Kavan Peterson. ChangingAging.org brings education and insight into reforming and advocating equality, sustainability, health and well-being of people of all ages and changing our perceptions of what it means to be “old” and the stigmas put on a timeline for living.

5. Dining Assistant Programs


6. Eden Alternative

http://www.edenalt.org/

The Eden Alternative® is an international, non-profit 501(c)3 organization dedicated to creating quality of life for Elders and their care partners, wherever they may live. Through education, consultation, and outreach, we offer person-directed principles and practices that support the unique needs of different living environments, ranging from the nursing home to the neighborhood street.
7. **Edu-catering**
   

   Edu-Catering is a consulting, public speaking and training company. With former surveyor as well as CMS surveyor-trainer experience and national culture change expertise, all consulting and training blends regulatory compliance with innovative and person-first practices. Consultation and training are offered regarding the work of all departments and disciplines and all aspects of survey and regulatory requirements for nursing homes, assisted living and adult day programs. In other words, direct surveyor training is brought directly to staff empowering them with the knowledge of what regulations actually require and what they do not.

   With experience as an activity professional, consultant and course instructor, consultation is available regarding providing meaningful engagement rather than “activity programs,” assessing and care planning activity interests instead of “problems,” and identifying a person’s highest practicable level of well-being as required by Tag F279.

8. **Hand-in-Hand**
   

   Section 6121 of the Affordable Care Act of 2010 requires CMS to ensure that nurse aides receive regular training on caring for residents with dementia and on preventing abuse. CMS, supported by a team of training developers and subject matters experts, created this training to address the need for nurse aides’ annual in-service training on these important topics. The mission of the Hand in Hand training is to provide nursing homes with a high-quality training program that emphasizes person-centered care in the care of persons with dementia and the prevention of abuse.

9. **MU Long-term Care Manual**

   Prepared by staff of the MU nursing home consultant program and funded by the Missouri Department of Health and Senior Services, this manual serves an advisory. The purpose of this manual is to aid and assist administrators and management teams of Missouri’s skilled nursing homes in preparing for their annual survey. All information contained in this manual is solely intended as a resource and a guide and assumes no responsibility for any error, omissions, or discrepancies. Specifically refer to pages 340-341, 531, 534, 538, 540, 544.

10. **Missouri Coalition for Care Continuum Change (MC5)**
The MC5 mission is to promote and support ongoing collaboration within the adult care continuum to create environments where the dignity and value of each individual who lives or works there is respected and celebrated. The mission will be accomplished through communication and education.

MC5 has 14 regions throughout the state and brings free CEUs at every meeting. Meetings cover a wide variety of topics and are applicable from administrators to CNAs, hospital case managers to hospice nurses, and everyone in between. Visit the website for more detailed information about culture change in your area. Everyone is welcome!

11. The Pioneer Network

Pioneer Network was formed in 1997 by a small group of prominent professionals in long-term care to advocate for person-directed care. This group called for a radical change in the culture of aging so that when our grandparents, parents — and ultimately ourselves — go to a nursing home or other community-based setting it is to thrive, not to decline. Pioneer Network is a center for all stakeholders in the field of aging and long term care whose focus is on providing home and community for elders. We believe that the quality of life and living for America’s elders is rooted in a supportive community and cemented by relationships that respect each of us as individuals regardless of age, medical condition or limitations.