

# MC5 & QIPMO PRESENT.....

## CHANGING THE QUESTION: TRAUMA, PTSD, AND OPIOIDS IN LONG-TERM CARE

A new age is on the horizon for long-term care. The days of sweeping mental illness under the carpet is long gone. With few options for treatment and housing, folks with mental health issues are finding themselves either on the streets or in our homes. It's time we learned how to help this unique aspect of clinical care. In this 3-hour workshop you will learn:

- the principles of trauma-informed care, including how to change the question for assessment, communicate compassionately and effectively with their residents, and provide support and services for those in our care.
- the clinical manifestations of PTSD, how to manage both acute and chronic PTSD, and how to make safety a priority with both residents and staff
- about the many facets of the opioid crisis, from backdoor manufacturing to med cart distribution. Participants will learn to recognize opioid and substance abuse problems within the home and how to safely manage those situations.

### Learn from experts in the field...

- **Dr. Linda Moll, PhD, SORTS Annual Report Evaluator, Trauma Informed Care Coordinator, Southeast Missouri Mental Health Center**
- **Cynthia Baker, LCSW, LSCSW, LIMHP, CSW-Gerontology**
- **Brandon Costerison, Missouri Prevention Specialist as well as a Medication Awareness Recovery Specialist. I'm the Project Manager on the MO-HOPE Project**

**Join us for this FREE workshop!**

**April 18, 2019 12-3:30pm**

***Registration and lunch begin at 12:00pm***

**3 hours of *FREE CEUs* available for Administrators, Social Workers, and Activity Directors**

Register online at <https://www.eventbrite.com/e/mc5-poplar-bluff-regional-events-tickets-31976647012>