

Just as a "selfie" is all about YOUR SELF, Person-Centered Care is all about the PERSON! So why are we looking at Person-Centered Care?

The first value of the Pioneer Network is "Know Each Person", and this is also the root of Person-Centered Care. *It is vital to know your residents... Why?*

- They feel respected and valued.
- Having strong bonds with caregivers builds trust.
- They are more at ease getting care from people they know.
- Being able to make choices keeps them engaged and feeling vital.
- You can support choices when you know people well.
- You notice health and care problems earlier when you know people well and see them often.

To learn more, we will be exploring the Person-Centered Care GOAL of the Advancing Excellence Campaign through a series of 12 Selfie PCC Tips.

Action items:

- Gather all of the tools you are currently using to assess the preferences and choices of your residents.
- Conduct a learning circle with other staff members and ask them, "How do you get to know your residents? What tools do you use? What questions do you ask?"

For more information and training:

- attend the DHSS provider meetings this September and October http://health.mo.gov/blogs/ltcblog/category/provider-meetings/
- about the Advancing Excellence Person Centered Care Goal go to: https://www.nhqualitycampaign.org/goalDetail.aspx?g=PCC#
- how to conduct a Learning Circle go to: http://actionpact.com/assets/cache/learning-circle.pdf
- for local education on Person-Centered Care during MC5 regional meetings, go to the MC5 website at http://www.momc5.com/.
- Pioneer Network website at http://www.pioneernetwork.net/.



MoLANE Members: