MISSOURI QUALITY INITIATIVE FOR NURSING HOMES

WHAT IS THE MOQI INITIATIVE?

Our nursing home has been chosen to participate in the Centers for Medicare and Medicaid (CMS) Initiative to Reduce Avoidable Hospitalizations among Nursing Facility Residents in collaboration with the Sinclair School of Nursing at the University of Missouri. Our home is one of 16 facilities in the state participating in this Initiative that will help us provide even BETTER care for our residents and their families.

The goals of the MOQI Initiative are to:

1. Reduce the frequency of avoidable/preventable hospital admissions and readmissions;
2. Improve resident health outcomes;
3. Improve the process of transitioning between inpatient hospitals and nursing facilities;
4. Reduce overall health care spending without restricting access to care or choice of providers.

WHY SHOULD I PARTICIPATE?

Nursing facility residents have a high risk for frequent hospitalizations which are expensive, disruptive, disorienting, and often dangerous for frail elders, especially those with dementia. Preventing avoidable hospitalizations is important to help you stay as strong and healthy as possible so you can avoid being in bed and getting weak. Most times you can recover faster in your own “home” in your nursing facility.

WHO ARE THE MEMBERS OF THE MOQI TEAM? WHAT DO THEY DO?

There is an MOQI team that provides support to each nursing home. This team consists of an advanced practice registered nurse (APRN) in each nursing home, a social worker, and an informational technology specialist to work with the nursing homes and facilitate the goals of the four-year effort.

The APRN in each home is working with the staff and residents’ primary care providers to improve recognition, assessment, and management of conditions that are the most common causes of hospitalizations.

The social worker on the team is working with the admission and discharge planners of the recruited homes and local hospitals to improve the transitions of residents between the facilities and to promote the use of advance directives by residents and their families.

The information technology specialist is working with the homes and hospitals to develop a health information network which will allow resident information, essential to resident transfers, to be available in real time in a secure manner. This helps get accurate and timely information so medications and other specific care needs can be met.

IF I HAVE QUESTIONS, WHO DO I ASK?

You can talk to your facility Social Worker or Social Worker designee. You may also talk to the APRN who is working in your facility with your nursing home staff.