

Behavioral and Person Centered Care Appendix A

Indicators of Well-Being

- Assertiveness
- Bodily Relaxation
- Sensitivity to the Needs of Others
- Responding to & Use of Humor
- Creative Self Expression
- Showing Pleasure
- Helpfulness
- Initiating Social Contact
- Showing Affection
- Signs of Self Respect
- Expression of a Range of Emotions
- Positive Mood
- Positive Engagement and Occupation

Indicators of Ill-Being

- Unattended Despair
- Intense Anger
- Unattended grief
- Anxiety
- Fear
- Boredom
- Physical Discomfort
- Bodily Tension
- Agitation
- Apathy
- Withdrawal
- Cultural Alienation
- Difficulty Withstanding Powerful Others

Brooker & Surr, 2006. *DCM Principals and Practice*. Bradford Dementia Group: Bradford, UK.